

IDNEYS MEAN A WEAK BODY

POTOSI, MO.. WEDNESDAY, DECEMBER 4, 1918.

We used to believe in public ownership of the railroads, and so yet—with limitations, which means, not the way the present administration is running them.

The patriotic demonstration of the people of Los Angeles reminded the writer of this paragraph of Appomattox Day, in April, 1865. We were but a child at that time, but we recall that everybody in the little Ohio town where we lived got drunk, except the mayor, and he was put in the town jail as a punishment for his plain dereliction of duty.

—Los Angeles Times.

From Earl Heaster

What the Farm Bureau Does.

How to Treat Your Town.

Praise it.
Improve it.
Talk about it.
Trade at home.
Be public spirited.
Tell of its business men.
Take a home pride in it.
Tell of its natural advantages.
Trade and induce others to
trade here.
When strangers come to town
show them well.
Don't call your best citizens
raids and impostors;
Support your local institutions
that benefit your town.
Look ahead of self when all the
town is to be considered.
Help the public officers do the
best good for the most people.
— Civic and Commerce.

The papers talk of armistices, it could be a farce, to even talk peace with the Boche until his lungs are drawn. Entropy were to be in consultation with Koch today. The Frenchmen were greatly excited over the moment. I do not think we will be



Thanks to its splendid plants, modern methods, branch houses, car routes, fleet of refrigerator cars, experience and organization, Swift & Company is able to pay for live cattle 90 per cent of what it receives for beef and by-products, and to cover expense of production and distribution, as well as its profit (a small fraction of a cent per pound), out of the other 10 per cent.

Swift & Company, U. S. A.



CHRISTMAS

RED CROSS
ROLL CALL

Political Fears G

from you back to the States until after next spring. If the armistice is granted, it will take a few months to conclude the peace terms. If there is no armistice, it will take at least two months or more to finish the Roche. The closer we get to Germany, the better and harder he will fight. There is no stopping the Americans. Any army that can fight and win over such obstacles as the Argonne forest and the Meuse sector will certainly go through to Berlin.

I believe this drive will carry the line within distance for another great push into Germany. Believe we will move up closer in the near future.

**EARL R. HEAGLER,
Band, 3rd Engineers,
American Expd. Force.**

**The Journal office for your Job
distinction. We do it right.**

Political Fears Gang Aft Agley

Well, they cannot blame the Republican victories for having destroyed the solidarity of the allies. The awful consequences which were predicted to follow the exercise of independence, thought by the American people have not followed. Germany may not have given up because of the Republican demand for unconditional surrender, but she was certainly not encouraged to keep on fighting.—San Francisco Chronicle.

Eighty millions of men cannot be taken out of production for four years without losing homes of yield. It will be years before their fields recuperate, farms are restored and herds restocked. Save food.

GOLD MEDAL winner on Olympic team, the kidnaper said he was a "very happy man." He had been married for 10 years and had three children. They were all living in the United States.

If you are troubled with all-around weakness, the legs or with "simple" aches and pains in the back take warning. It may be the preliminary indications of some dreaded malady which can be avoided if or cured if taken in time.

Go to your druggist today and get a box of GOLD MEDAL Hamon Oil. Money refunded if they do not help you. These men, GOLD MEDAL are original imported Hamon Oil. Agent No. Substitution.—Adv.

OLT DISTEMPER

can prevent the continuance of the colic suffering with your stable and cure all the colic horses young or old you begin the treatment. No matter how young it is safe to use on any colic. It is wonderful how it kills all distempers. No matter how colic or broken legs are "expended." All good horses and trotters and some of the most successful stallions at \$9 cents a bottle. \$5.50 and \$11.00 a dozen.

With the return of peace America is confronted by a food problem even harder of solution than that with which we coped in time of war. We have an entirely new world situation in food. It will mean essential changes in our domestic program. But more important than this, it must of necessity require increased export.

Last year we shipped 11,820,000 tons of foodstuffs to the European Allies. Had the war continued we would have increased this enormous figure to 17, 20,000,000 tons in the present year. Now, with the responsibility of feeding millions of people liberated from the German yoke, our exports must be brought up to at least 20,000,000 tons—practically the limit of loading capacity at our ports.

World Food Demand Increases

The end of the war will create an enormously increased demand for food. Humanly demands that the starving millions freed from Prussian oppression shall have sufficient supplies to assure their return to health and prosperity. If these liberated nations are faced with starvation they cannot establish orderly governments. Hunger breeds anarchy in a people. The war to free the world for democracy will be lost after it has been won. America must continue its work to liberate and by sharing its food make democracy safe in the world.

In order to meet this new situation the Food Administration has made a careful survey of the food resources of the whole world in relation to the total demands. Comparing supplies on the basis of the avoidance of waste and war consumption, it is found that wheat and rye may be obtained in sufficient quantities to meet economical world consumption; high protein feed for dairy animals will show a shortage of about 3,000,000 tons, while there will be sufficient supplies of other feeds to allow economical consumption; beans, peas and rice will also be found in sufficient quantities to maintain economy in consumption; there are sufficient supplies of beef to keep pace with the capacity of refrigerating plants.

Great Fat Shortage.

The most distinct reversal of policy will come with pork and dairy products, vegetable oils, sugar and coffee. Unmost economy will be required in the use of fats and oils, in which there is a world shortage of about 3,000,000,000 pounds. There are sufficient supplies for us to return to our normal sugar consumption if other nations continue their present short rations, or even if their rations are slightly increased. If the European countries, however, are to renounce their normal sugar consumption it will be through our continued conservation in order to share with them. There is a sur-

Of the world total required to produce these results North America will furnish more than 60 per cent. The United States, including the West Indies, will be in a position to furnish a total of about 20,000,000 tons—against our pre-war exports of about 6,000,000 tons.

The bread grains situation allows the world to abandon the use of substitutes in wheat bread. Large supplies have accumulated in the Argentine, Australia and other hitherto inaccessible markets. A continued high milling percentage, economy of consumption and elimination of waste make it possible for the world to return to a white wheat loaf.

Of all our export possibilities in fats, the largest and most important item is pork. While we cannot supply the world deficiency, we will be able to help it enormously because of the past policies of stimulating production and restraining consumption. The government's policy with regard to stimulating the production of wheat and of pork, the readiest source of fats is thus amply justified by the situation upon the return of peace.

Fanning Specter Still stalks

The people of the United States must continue care and wise economy in the use of food in order to complete the work of liberating the world. But even with the utmost conservation and production in this country there will be in Europe for the next year or more starvation beyond all human power to allay. In North Russia there are 40,000,000 people to whom food cannot be made accessible this winter. Their transportation is demoralized in complete anarchy. And even if internal transport can be assured their ports of entry would soon be frozen. Millions more who have felt keenly the oppression of war will be beyond reach of assistance.

We must realize that upon our shoulders rests a greater responsibility than we have ever before been asked to assume. We must realize that millions of lives depend absolutely upon the continued service and sacrifice of the American people.

We must realize that the speaker of the famine abroad now haunts the conscience of our table at home.

Do it now—subscribe for the June.